

West Bayfield Elementary School APRIL NEWSLETTER

Home of the Broncos

April, 2023

Dear Bronco Families,

It is hard to believe that it is April already! The days are getting longer and the sun is shinning brighter. April is Sikh Heritage Month and we will be recognizing World Autism Day throughout the month. We continue with many fundraisers this spring including: hot lunches, popcorn, milk, and Mable's Labels.

Many grades are getting ready for field trips. Please be aware that if your student is going on a field trip there will be a notifications from School Cash Online as well as communication from your students teacher.

We look forward to seeing you at our Math and Literacy Night, coming up on April 19 at 6pm.

Please continue to check your email for West Bayfield updates and follow our Twitter handle @WestBayfieldES to see the exciting things that are happening here at West Bayfield.

Sincerely,

Mrs. Hotton, Vice Principal

Bronco Families/Guardians are invited to join School Council to learn all the ways to support student math and literacy curriculum learning through informative learning sessions lead by West Bayfield staff.

What? Math and Literacy Night

When? Wed. April 19th, 2023

6pmWelcome in the library6:15-6:40pmSession 1 -Options : Literacy P/J or Math J/I6:45pm-7:10pmSession 2 -Options : Literacy J/I or Math P/J7:15pmDeparture



Contact us:

705-725-8229

wesoffice@scdsb.on.ca

Follow us on Twitter @WestBayfieldES

Principal : Jody Jowett Vice Principal : Brenda Hotton Superintendent: Charlene Scime Trustee: Dana Powell

WELCOME TO WEST BAYFIELD!

To report a student absence, or if your child will be late email Safe Arrival at wesoffice@scdsb.on.ca

All messages must be left before 8:45 AM



School Schedule

Don't be late!

8:40 – Yard Duty begins
8:55 – Classes begin
9:00 – Announcements
10:35 – 11:15 - Nutrition Break / Recess
12:55 – 1:35 - Nutrition Break / Recess
3:15 – School ends (JK/SK at 3:10)



ALLERGIES

Due to life threatening allergies, the following foods/items are <u>not</u> permitted on school property: -ALL NUTS, PEANUTS -We are a scent free school.



Students arriving to school after the 8:55 bell will be marked LATE. Students <u>must sign in at the front</u> office with an adult.

Thank you for your punctuality and not interrupting instructional time!

Inclement Weather

When buses are cancelled school remains open for learning.

If you receive a Safe Arrival call or email, only call the school if your child <u>should</u> be at school.

To receive delay and cancellation notifications for your school bus – subscribe on *simcoecountyschoolbus.ca*



We are a CASHLESS school

SchoolCashOnline instructions are sent to parents at the beginning of the year or when registering.

Early pick up



Please <u>send a note or email to</u> <u>educators in the morning</u> so arrangements can be made for your child or email wesoffice@scdsb.on.ca .



Student Cell Phones Students are not allowed to use cell

phones except for 5 minutes before each break time and for educational purposes.



Parking Lot Safety

Enter from the Kiss n Ride Be aware of pedestrians. Please do not enter parking lot when pylons are present. Drivers should remain in the vehicle while students exit. Kiss n Ride.

Calling the school



If you are not able to reach us, please email us at wesoffice@scdsb.on.ca. we will get back to you as soon as possible.

Arrangements for the school day should be made with your child **before** school, if changes are need please email to wesoffice@scdsb.on.ca



We are a PAPERLESS school. Subscribe to our website <u>http://wes.scdsb.on.ca/</u> and watch for emails.

Student Information

Remember to update your contact and student medical information throughout the year.

Please note that only adults listed as your emergency contact(s) will be allowed to pick your child up from school.

Student Reminders

Please send your child's lunch, weather appropriate clothing, and a water bottle each day.

Thank you for helping us keep your child safe!

2022-2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 World	3 Pasta	4 Osmow's Gr. 8 Swim test	5 Subway	6 Pizza House Colour	7	8
Autism Day		at East Bayfield Rec. Centre		Spirit Day	Good Friday	
9	10	110smow's	12 Subway	13 Pizza	14Quesada	15
Vimy Ridge Day	Easter Monday		International Day of Pink Dentist Visit to Kindergarten/ Gr1		House Colour Spirit Day	
16	17 Pasta	18 Osmow's	19 Subway	20 Pizza	21Quesada	22
National Volunteer Week	Holocaust Memorial Day	Holocaust Memorial Day	Math and Literacy Night 6PM	Outdoor Learning Visit Gr.1 –6	House Colour Spirit Day	Earth Day
23	24 Pasta	25 Osmow's	26 Subway	27 Pizza	28 PA Day	29
	Gr. 7/8 Immunizations	Dental Screening JK/SK/2/4/7 PIC —Safe connections: navigating a digital	Admin. Professionals Day Dental Screening JK/ SK/2/4/7	Gr 6 Field Trip House Colour Spirit Day	National Day of Mourning (World Day for Safety at work)	
30		world 6-8:30PM				
llow us on Twitte	er @WestBayfieldES			We	st Bayfield Office Hou	rs 8:00 to 4:00

HEALTHY SCHOOLS SHOWCASE

Congratulations to all the students who have tried out and/or have played on one of the school sports teams this year. Teams have been representing West Bayfield during games and tournaments. Congratulations to all athletes for showing great sportsmanship. A huge thank you to all the coaches for Bronco Teams.









Congratulations to Hien for placing 1st at the SCDSB County Chess Tournament.

Tense and relax coping strategy

Well-being is a Strategic Priority in the Simcoe County District School Board, and our mental health and well-being department provides monthly strategies to support student and family well-being.

This month's strategy is tense and relax. Parents/guardians can guide their child/youth through a tense and relax muscle relaxation exercise to help them notice whether they feel tense or relaxed in a particular area and understand how their body feels when they are tense and relaxed. This helps children/youth to learn to sooth their body and mind, and assists with regulating emotions during times of stress.

To practice tense and relax at home, have your child/youth get comfortable by either standing or sitting. Encourage them to keep their back straight, and shoulders and head relaxed. If they're comfortable, ask them to close their eyes. Have your child/youth intentionally tense and relax isolated body parts and be aware of how they feel when they tense their muscles and when they relax them. Children can be encouraged to: bring their shoulders up to their ears, hold for a count of 3, and relax; squeeze their hands into fists, hold for a count of 3, and relax; squeeze their stomach in as if fitting between a fence, hold for a count of 3, and relax; and, pushing their feet down to the ground, hold for a count of 3, and relax. Repeat the actions a few times and discuss how these body parts felt before, during, and after the exercise.

Parents/guardians can practice tense and relax at home any time with their child/youth to help them learn how to relieve tensions. Click on the following link to watch a guided video of tense and relax together: <u>https://www.youtube.com/</u> watch?v=J4mQm0hux1Q&t=1s.

Follow along the SCDSB's mental health and well-being social media accounts (@SCDSB_MHWB) to see how wellbeing is being supported in our schools.

HOLY DAYS & HOLIDAYS

4	Mahavir Jayanti (Birthday) -Jainism			
6-8	Theravada New Year - Buddhism			
6-13	Pesach (Passover) -Jusaism			
7	Good Friday - Christianity			
8	Farvardegan (FC) - Zoriastruabism			
9	Easter - Christianity			
10	Easter Monday - Christianity			
13	Vaisakhi - Sikhism			
14	Good Friday (J) - Christianity			
14	Vaisaki/Baisakhi - Hinduism			
16	Easter (J) - Christianity			
17	Easter Monday (J) - Christianity			
17-18	Yom HaShoah - Jusaism			
18	Lailat-ul-Qadr - Islam			
21	First Day of Ridvan - Baha'i			
21	Jumma-tul-Wida - Islam			
21	Eid-ul-Fitr - Islam			
23	Zarathosht-no-diso - Zoriastruabusm			
28	Nichiren Foundation - Buddhism			
29	Ninth Day of Ridvan - Baha'i			

APRIL CHARACTER ATTRIBUTE



Character attribute for the month of April is Optimism - we maintain a positive attitude and have hope for the future.

More information about character education can be found here: <u>scdsb.on.ca/about/character_education</u>



Please visit https://mabelslabels.ca/en_CA/

When purchasing items on Mabel's Labels don't forget to enter our school name so that we earn **20%** back.

West Bayfield ES relies on email communication for school newsletters and updates to reach our community quickly and efficiently. It is important to have updated email addresses on file.

Please ensure "School Messenger" is not a blocked incoming email recipient and that you read our school emails in their entirety as they always contain important information for you or your child(ren).



SCDSB NEWS

April PA Day

Please note that Friday, April 28 is a PA Day for all SCDSB students. Please refer to the 2022-23 School Year Calendar on the SCDSB website for more information: scdsb.on.ca/elementary/planning_for_school/school_year_calendar.

Keep connected with our school and with the SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at <u>www.scdsb.on.ca</u>. Follow the SCDSB on Twitter (@SCDSB_Schools), Facebook (facebook.com/SCDSB) and Instagram (instagram.com/ scdsb). *Follow us on Twitter* @ *WestBayfieldES*.

Kindergarten registration for September 2023 is open!

Kindergarten is the beginning of a wonderful journey of learning, and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2023? If so, we invite you to register your child for Kindergarten. To register online or for more information visit: <u>scdsb.on.ca/kindergarten</u>.

EarlyON Child and Family Centres

The Simcoe County EarlyON Child and Family Centres have locations throughout Simcoe County. These centres offer a variety of services, including programs that help prepare children and parents/guardians for kindergarten. Programming will be offered in the spring of 2023. Check with your local EarlyON provider for dates and times. <u>https://linktr.ee/earlyonsimcoe</u>

Licensed summer school age child care programs

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at <u>scdsb.on.ca/elementary/planning_for_school/childcare_before_after</u>.

Significant need for foster caregivers in our community

There is a significant need for foster caregivers in our local community. When a child or youth is brought into temporary foster care and placed outside of their community there is a loss of family, friends, schoolmates, teachers, and everything that is familiar to them. The increase in the number of foster homes across the communities in Simcoe Muskoka allows children and youth to remain connected to what is important to them.

Foster families are regular families wanting to give back to their community. When a family faces hardship and challenges, they need a community to support them and their children. In many situations, foster care can provide vital support that enables parents to address issues that are putting their children's safety and well-being at risk. Keeping children connected to their family, community, and extended supports is crucial. Foster caregivers provide a caring home that encourages a child or youth's growth, development, and well-being. If you're interested in becoming a foster caregiver in our community, please visit the foster recruitment website at <u>www.fosterconnexions.ca</u> to learn more or call the foster recruitment line at 705-734-6777.

Information provided by Simcoe Muskoka Family Connexions

SCDSB NEWS (CONTINUED)

Join us! A learning series for parents/guardians with Pine River Institute

Mental health and well-being continues to be a key strategic priority within the SCDSB. We are pleased to continue our partnership with the Centre for Family Initiatives at Pine River Institute (CFI@PRI) to provide several curated learning sessions focused on student mental health and well-being to SCDSB families, staff and within the SCDSB's broader school communities.

There are five webinars in the learning series specifically planned for parents, guardians, and other caregivers during this school year. The final session, 'The Biology of Stress', is April 27.

We hope you join us for this learning opportunity. For more information and to register, please visit the SCDSB website: <u>https://bit.ly/3jGaC74</u>.

Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully-accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and care providers in the community to support youth mental wellness and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at <u>www.pineriverinstitute.com</u>.

Interested in learning more about the ways that the SCDSB supports students with special education needs and their families? Join us for a virtual special education outreach series

In 2023, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about programs, supports and ways that we work together to support students with special education needs. The remaining sessions include:

Supporting students as they transition into school, from one school to another, and from school upon graduation April 20

6:30 to 7:30 p.m.

Working with families to create safe and supportive environments for children who have experienced trauma May 9

6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website at <u>scdsb.on.ca/</u><u>elementary/special_education/special_education_outreach_sessions</u>

The science of reading and structured literacy

The science of reading is a body of research that focuses on how students learn to read, what parts of the brain are utilized when learning to read, and what skills are ultimately required to be successful readers. Structured literacy is how educators take the knowledge gathered through research and apply it. There are five key components that make up an effective literacy program. Students need explicit instruction and repeated opportunities for practice with phonemic awareness, phonics, fluency, vocabulary, and comprehension. Visit the following link to support your child's reading at home: https://bit.ly/LiteracyHomeSupport

SCDSB NEWS (CONTINUED)

Math @Home parent series

Fostering a strong school-home partnership is an important part of reinforcing math learning at school and extending the learning beyond the classroom. Families are a child's first educator and help build a strong foundation for future success. The virtual math series outlined below is intended to support a positive attitude towards mathematics, enhance motivation and ultimate success.

The SCDSB math department is pleased to offer three evening virtual sessions for families and caregivers of SCDSB students. These sessions will focus on practical and fun ways to support students with their mathematics learning and engagement at home. The first 200 registrants will receive a math pack of resources to use at home. Participants must preregister for each of the sessions.

Making Math Connections @Home

Wednesday, April 12

7 – 8 p.m.

This session will explore where we find numbers, patterns, measures, and shapes in our daily lives. Participants will learn about practical ways to help their child notice and wonder about the math in their world.

Problem Solving @Home

Tuesday, April 25

7 – 8 p.m.

This session will explore how to encourage children to be active thinkers and problem solvers, both in math and around the house. Participants will learn about how solving problems at home can help their children solve problems in math class.

Having Fun with Math Facts @Home

Thursday, May 11

7 – 8 p.m.

This session will explore practical, intentional, and fun ways to practice math facts at home. Participants will leave with ideas, games, and activities to support their child with becoming fluent with their math facts.

Participants must pre-register for the sessions they wish to attend. Participants who register before March 24 will receive their math pack of resources in time for the first session on April 12. Those who register after March 24 will still receive a math pack of resources, but may not receive them in time for the first session.

Use this link to register: https://bit.ly/23MathAtHome

Join the SCDSB's Parent Involvement Committee for 'Safe connections: navigating a digital world'

On April 25, the Simcoe County District School Board's (SCDSB) Parent Involvement Committee (PIC) is hosting a virtual learning session for parents/guardians. *Safe connections: navigating a digital world* is a virtual event focused on digital mindfulness and well-being, and Internet safety.

This virtual event will run from 6 to 8:30 p.m. via Zoom. Presenters include:

- Chris Vollum, CMV SocialMedia
- Sergeant Aaron C. Arnett, Ontario Provincial Police

Abby Zantingh, Imani's Place

Participants are asked to register in advance: <u>https://bit.ly/40tEg22</u>. Information to access the session will be shared via email with individuals who have pre-registered. The PIC is a county-wide advisory committee made up of parents/ guardians and community representatives from across Simcoe County. The committee works with SCDSB staff and trustees to support student success through parent/guardian engagement. Visit <u>scdsb.on.ca/elementary/parent/</u> <u>parent_involvement_committee</u> for more information on the PIC.